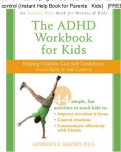


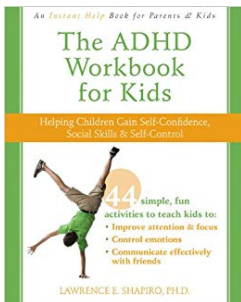
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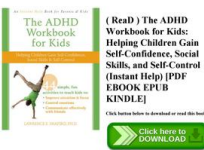
The ADHD Workbook for Kids: Helping Children Gain Self-Confidence, Social Skills, and Self-Control (Instant Help) Book by Lawrence E. Shapiro, Ph.D.



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Description

ADHD is characterized by hyperactive, inattentive (ADHD) or more inattentive children who are getting along better with others, self-confidence, and success in school but may still have the ability to get along with others and succeed in school. The ADHD Workbook for Kids offers simple and effective strategies to help children with ADHD succeed in school and at home.

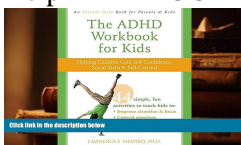
This workbook includes over 44 simple, fun activities to teach kids to:

- Improve attention & focus
- Control emotions
- Communicate effectively with friends

Includes activities to help your child:

- Achieve a good bedtime and a good mood
- Achieve a good morning routine
- Achieve a good school routine
- Achieve a good social routine
- Achieve a good self-control routine

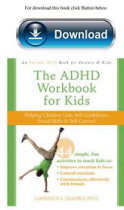
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